

First Saturday Devotion

During her July 1917 apparition at Fatima, Our Lady said to Lucia, "Behold, my daughter, my Heart encircled with thorns, with which ungrateful men pierce It at every moment by their blasphemies and ingratitude. Give me consolation, you, at least; and make known on my behalf that I promise to assist at the hour of death, with the graces necessary for salvation, all those who on the First Saturday of five consecutive months confess their sins, receive Holy Communion, recite five decades of the Rosary, and keep me company for fifteen minutes while meditating on the mysteries of the Rosary, with the purpose of making reparation to my Immaculate Heart."

CONDITIONS TO FULFILL THE FIRST SATURDAY DEVOTION

There are five requirements to obtain this extraordinary promise of grace from the Immaculate Heart of Mary. On the first Saturday of five consecutive months, one is obliged to:

1. Have the intention of consoling the Immaculate Heart in a spirit of reparation.
2. Go to confession (within eight days before or after the first Saturday).
3. Receive Holy Communion.
4. Say five decades of the [Holy Rosary](#).
5. Meditate for 15 minutes on the [mysteries of the Holy Rosary](#) with the intention of keeping Our Lady company (for example, while in church or before an image or statue of Our Lady).

Learn more about the First Saturday Devotion on the [World Apostolate of Fatima website](#). You can download a copy of their First Saturday booklet at the bottom of the First Saturday Devotion website page, which provides more information and explanation about the Devotion.